

Kaiser Foundation Health Plan  
Kaiser Foundation Hospitals

HR#:

MIGUEL A PEREZ-LIZANO

**OUTPATIENT PROGRESS NOTES**

DOB: (59 yrs) SEX: M

**Encounter Number: 34746311**

ENCOUNTER DATE: 06/05/00 9:45 AM

**CLINICIAN**

Steven J. Spindel, M.D.

**DEPT**

SMC-ID

**PT CATEGORY**

HP

**Reason For Visit:** Referral [308] - r/o Lyme Disease**Visit Diagnoses:** PAROXYSMAL VENTRICULAR TACHYCARDIA [427.1]  
ARTHRITIS [716.90]

Vitals: Temp 96.8 | Wt 171 lbs (77.57 kg)

Signed: WILLIAMS, KRISTINE

Mon Jun 5, 2000 9:54 AM

**Progress Notes:**

HPI: 59 yr old hispanic male here because he believes he suffers from chronic lyme disease. He has asked for the referral to ID for confirmation of the diagnosis and consideration for prolonged IV antibiotic treatment. He came about his diagnosis after doing an internet search in attempts to discover why he suffers from ventricular tachycardias. When he came upon Lyme disease, and learned the potential constellation of symptoms associated with it, he became convinced that he suffered from that disease.

He verbalizes frustration with "the system" that does not agree with his diagnosis. He acknowledges that the diagnosis of chronic lyme disease is unconventional, and voices concern about "conspiracists" among the physicians & investigators that have outlined guidelines for diagnosis and treatment. He brings with him an 8 page single space typed outline of his history, symptoms and reasons for his self-diagnosis of lyme disease and a 27 page internet article authored by a Dr. Joseph J. Burrascano Jr to support his position. The article contains many inaccuracies, mis-spellings, anecdotal data and frankly outlandish statements regarding antibiotic properties and treatment.

The patient has an essentially "positive review of systems". The duration of symptoms go back up to 6-7 yrs, which is when he believes he contracted lyme disease. He does not recall a tick bite. Upon seeing a picture of erythema migrans, he recalled having a similar rash. He postulates his exposure to ticks would have been at home near Battle Ground, WA or during one of his many hiking/camping trips to Arizona, New Mexico and California between 1993-95.

The pt's primary problems he attributes to Lyme include paroxysmal v-tach, right shoulder pain, generalized fatigue/myalgias/artralgias, and a decline in memory & concentration. Other symptoms he attributes to Lyme include SOB, an episode of pneumonia, stiff neck, jaw pain, knee pains, blurry vision, ringing in his ears, hearing loss, disorientation, dizziness, poor dentition including 6 root canals, sinus congestion, hot flashes and chills, bee sting reactions, tinea pedis, and onychomycosis. He's also convinced his dog died of a degenerative neurological condition that was also Lyme disease. Other reasons he gives for having lyme disease include the inability of EP specialists to identify a cause of his VT that can be ablated; improvement of his entire constellation of symptoms on oral or inhaled steroids and exacerbations after their cessation; the inability of any specialist to connect his right shoulder pain to his vent tachycardia; and any